

Supply List for Lisa Pressman's Narrative Abstraction: The Confluence of Imagery and Materials

1 pad of Arches oil paper 9" x 12" (recommended but the paper can be mixed media paper, water color paper gessoed) taped with a one inch border (painters tape) around the edges and also in half for painting exercise.

• PLEASE TAPE BEFORE CLASS Also if you don't want to travel with panels bring extra Arches oil paper

- box of latex or nitrile gloves
- pack of unscented baby wipes
- Supports:

○ 4-6 Ampersand EncausticBord, Gesso or Birch panels prepared for oil: gessoed Instructor recommends the panels being the same size.

○ **Arches oil paper** is excellent and an easy solution if traveling.

• Oil Paint:

1. large tube of Titanium white and plus a variety of colors: Choose colors that you like to paint with. I like Gamblin, Williamsburg paints. Small tubes are fine. Look for combination of trans- parent and opaque choices as seen on the tubes or color charts. Make sure you have warms and cools

- 1 or two large cans of gambling cold wax (not the gallon) and a tube of galkyd gel
- Drawing materials: pencils, stabile black pencils, art graph
- At least 4-6 of palette knives,
- [silicone bowl scraper \(from amazon\) or/ and large](#) (worth the money)

- SEVERAL soft rubber brayers speedball 4 inch, 6
- disposable paper palette 12" x 16" **or freezer paper**
- cheap sponge paint roller (from the dollar store or michaels
- blue painters tape
- wax paper for layering between wet panels
- cardboard (pizza boxes) for transporting wet work
- newsprint
- cheap tissue paper (wrapping tissue paper)
- any specific stencils that you may want to use (we will have some stencils to choose from)
- apron
- notebook
- rags or paper towels
- straight edge razor blades

R&F Handmade Paints will sponsor the workshop with RF Pigment Sticks